













## FORM #1: Seminar & Optional Tour Schedule

Date	Schedule	Meals			Accommodations		Other Fees
		Breakfast	Lunch	Dinner	Place	Fees	
September 7 (Mon)	Arrive Narita International Airport Move to Tokyo  Evening: Aikido Trainings by Japanese SIAF Instructor				Tokyo	About 5,000-7,000Yen/per person(double room/Business Hotel Type/no meal)	Aikido Training Fee: 3,000Yen for all days(either 1 training or all trainings)  Other fees: All transportation fees, Meals, Sightseeing fee, etc
September 8 (Tue)	Free Time  Evening: Aikido Trainings by Japanese SIAF Instructor				Tokyo	About 5,000-7,000Yen/per person(double room/Business Hotel Type/no meal)	
September 9 (Wed)	Sightseeing in Tokyo  Evening: Aikido Trainings by Japanese SIAF Instructor				Tokyo	About 5,000-7,000Yen/per person(double room/Business Hotel Type/no meal)	
September 10 (Thu)	Free Time 				Tokyo	About 5,000-7,000Yen/per person(double room/Business Hotel Type/no meal)	
September 11 (Fri)	Morning: move to Katsuura Afternoon:Aikido Training & Seminar 			○	Katsuura in Chiba	25,000 Japanese Yen for SIAF Members (include Accommodation (2nights 3days), 6meals for 3days,Aikido Training for all days.) <b>*Not Included AllTransportation Fees.</b>	
September 12 (Sat)	Morning:Aikido Training & Seminar Afternoon:Aikido Training & Seminar Evening: Party & BBQ 	○	○	○			
September 13 (Sun)	Morning:Seminar & Grading Test & Small Demonstration, etc Afternoon: move to Tokyo 	○	○				Tokyo
September 14 (Mon)	Move to Kyoto Afternoon:Sightseeing 				Kyoto	•Youth Hostel Type:about 5,000Yen with 2meals/pernight.per person(6people room) about 9,800Yen with 2meals/per night,perperson(double room) *Refer URL <a href="http://yh-kyoto.or.jp/utano/index.html">http://yh-kyoto.or.jp/utano/index.html</a> (They have many Japanese Event!) •Business Hotel Type: about 15,000Yen with 2meals/per night.per person(4people room) *Refer URL <a href="http://www.kyoto-hatoya.jp/en/">http://www.kyoto-hatoya.jp/en/</a>	
September 15 (Tue)	Sightseeing 				Kyoto		
September 16 (Wed)	Free Time  				Kyoto		
September 17 (Thu)	Move to Tokyo 				Tokyo	About 5,000-7,000Yen/per person(double room/Business Hotel Type/no meal)	
September 18 (Fri)	Move to Narita Airport 